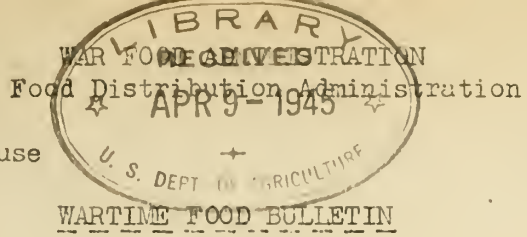


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511-513 U. S. Court House
Phone 2-1365

Fort Worth, Texas
October 7, 1943

According to Paul R. LeGer, Federal Food Reporter, several good buys are offered on the fruit and vegetable markets this week. Outstanding among them are carrots, eggplant, onions, irish potatoes, sweetpotatoes and rutabagas.

Sweetpotatoes and rutabagas are perhaps the "best buys" of the week. Each are plentiful, fine quality and reasonably priced. Rutabagas are coming from Minnesota while sweetpotatoes are mostly either home grown or from East Texas with a few from New Mexico. The ones from New Mexico are mostly of the Maryland Sweet variety while those from Texas are Porto Ricans with a few Yellow Jerseys offered. Nearly every grocery store now offers sweetpotatoes and more are coming in each day. In buying this item the housewife should choose those that are firm, smooth, well shaped and medium sized as these are the ones that cook and taste better.

Another attractive buy is the irish potato, plentiful everywhere and an important part of every meal. Get them for baking, frying, boiling, creaming, and for making puddings and potato pancakes.

Although apples declined a little in price they are still classed as in the high priced bracket. This is true with nearly all fruits offered. Oranges remain scarce as does head lettuce.

Mr. LeGer again calls your attention to the fact that in shopping for fresh fruit and vegetable bargains in times like the present you cannot compare prices with those of a year or so ago as to whether or not you are getting a bargain but you can only compare them with prices of other commodities and with food value received for your pennies.

Furnished by: Paul R. LeGer, Federal Food Reporter.

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WAR FOOD ADMINISTRATION
Food Distribution Administration

511-513 U. S. Court House
Phone 2-1365

Fort Worth, 2, Texas
October 14, 1943

WARTIME FOOD BULLETIN

According to Paul R. LeGer, Federal Food Reporter, sweetpotatoes still hold the lead as the all around "best buy" of the week on the wholesale fruit and vegetable market. Plenty of home-growns, plenty from East Texas and plenty from near-by New Mexico. All fine quality, low priced, delicious to the taste and crammed full of vitamins. With all of these features it is little wonder the sweetpotato is often referred to as "Honey from the soil".

The sweetpotato's big country cousin, the irish potato also is a leader and one of the good buys at this time. Prices dropped a little more and markets and stores are offering choice quality spuds from several places. Russetts from Idaho, Burbanks and White Rose from California, Red McClures and Brown Beauties from Colorado, Triumphs from Texas and Louisiana and a few Cobblers from the Red River Valley of North Dakota and Minnesota.

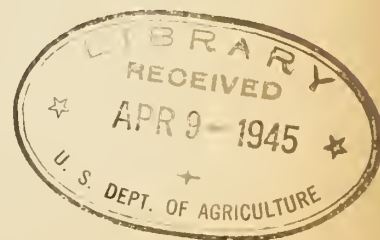
Another good buy is home grown squash, coming in plentiful quantities, fine quality and very reasonable in price. Tomatoes took a drop in price, are moving rather slowly and is also a good buy.

A few apples are available, **fine quality**, mostly coming from Washington, they are still high priced. A few fresh prunes are available. Several varieties of grapes, also lemons, limes and an occasional lug of peaches are offered.

Oranges are still scarce this week but the first shipments from the Lower Rio Grande Valley of Texas are expected to reach Fort Worth and Dallas the **last** of the week or not later than the first part of next week and from then on we should have a fair supply at perhaps somewhat lower prices.

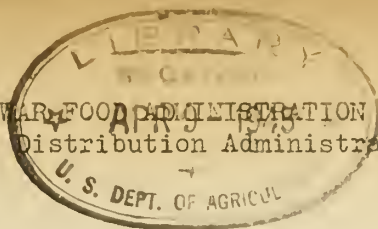
In general the markets offer a good supply and a good variety of vegetables, not too plentiful a supply of fruit and "action was slow" this week.

furnished by : Paul R. LeGer, Federal Food Reporter



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WAR FOOD ADMINISTRATION
Food Distribution Administration



511-513 U. S. Court House
Phone 2-1365

Fort Worth, 2, Texas.
October 21, 1943

WARTIME FOOD BULLETIN

(furnished by: Paul R. LoGer, Federal Food Reporter)

Oranges from the lower Rio Grande Valley of Texas arrived the first of the week and are now in abundance both on the wholesale fruit and vegetable market and in the grocery stores. Sweet, full of juice, 25% lower priced, a very attractive buy. A few grapefruit also arrived and are reasonably priced although we will not have any very large quantities for a couple of weeks yet. A few California oranges are also offered.

There is no use of anyone going hungry these days. Plenty of fresh fruit and vegetables of all kinds are available. Several home grown vegetables are on the market in amounts large enough to meet the demand and all are reasonably priced and of fine quality. Among the home grown items are fresh turnip greens, mustard greens, collards, green onions, radishes, sweetpotatoes, pumpkins and several other items. A good supply of shipped-in commodities are also helping to keep the bins filled.

Several bargains are offered this week, such as squash, rutabagas, carrots, cabbage, sweetpotatoes, irish potatoes and tomatoes. It is true that tomatoes did take a slight price jump the middle of the week but they are still a good buy. "Best buys" in the vegetable kingdom are squash, rutabagas and sweetpotatoes although a few others are crowding them for the coveted first place. In fact practically all home grown vegetables are "best buys" right now.

For best buys in the fruits are California grapes, flame colored Tokays, firm, plump berries, full of juice, sweet and not too high priced. A few fresh prunos are still offered and are just right for canning. Apples, pears, lemons, limes -- all are available.

Also among the newcomers this week are new crop pecans, almonds, walnuts and a couple of carloads of coconuts. Prices are very little higher than last season on these commodities and it might be a good idea to lay in your supply of nuts for the holiday season.

Mr. LoGer, who releases this information each week, says the best way he knows of to make ration points go farther is to take advantage of the many items of fresh food offered in the fruit and vegetable line. No points are needed to purchase any of them.

(furnished by: Paul R. LoGer, Federal Food Reporter)

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WAR FOOD ADMINISTRATION
Food Distribution Administration

WARTIME FOOD BULLETIN

Fort Worth, 2, Texas
October 28, 1943

A few weeks ago oranges were getting hard to find on the fruit and vegetable market and in the grocery stores but today they are plentiful and not too high priced. Texas started moving their crop several days ago and the first of these reached Fort Worth and Dallas last week. Now the store windows are piled high with this little sweet juicy health giving fruit and we can once again have that glass of fresh orange juice for breakfast every morning.

Plenty of cranberries are now available from Massachusetts and Wisconsin. Apples took a rather sharp price decline last week when now OPA ceiling prices went into effect. We should be seeing more of this item at lower prices throughout the apple season.

Sweetpotatoes, that "Honey from the Soil" is the real buy of the week. The market is well supplied and demand lagging, quality never better. The same is true with irish potatoes although prices of these are maybe not as low as in some recent years they are much lower than last winter when we were practically without them at all for several weeks. Farmers in all potato producing areas of the entire United States really went to bat this year and have produced the largest crop of irish potatoes ever produced in history. Right now is a good time to buy them by the 100 pound sack for winters use.

Home grown squash is very low priced, abundant, and of fine quality, making it another good buy. In fact practically all home grown commodities are good buys right now.

In general we might say the fruit and vegetable market is dull this week with most items moving rather slowly and there are so many good buys it is just a little difficult to really pick out a single "best buy" so in summing up the situation I believe you will find it about like this:--"Best buys" squash, sweetpotatoes, irish potatoes and rutabagas. "Good buys" cabbage, carrots, collards and pumpkins. "Fair buys" beets, eggplant, grapes and tomatoes.

-----furnished by: Paul R. LeGer, Federal Food Reporter -----

